

Opening Hours;

Tuesday & Wednesday: 9.30am - 7.00pm

Thursday & Friday: 9.30am - 8.30pm

Saturday: 9.00am - 4.30pm


 Coach Horse Lane
 The Square
 Midleton
 Co. Cork


~ Decleor Awarded "Salon of Excellence Winner" ~

~ Jane Iredale "The Skin Care Make Up" Winning Stockist ~ Decleor & Dermalogica Official Stockist ~

~ Gift Vouchers ~ Decleor & Dermalogica Gift Sets Made To Suit All Price Ranges ~

FACIAL WAXING*Specialized Hot Wax for Facial, Bikini & Underarm Waxing.*

Lip	€5
Chin	€5
Sides of Face	€10
Eyebrow Sculpture	€10

FACIAL THREADING*Specialized Threading Using Pure Cotton Thread*

Lip	€8
Chin	€8
Sides of Face	€14
Eyebrow Sculpture	€12

BODY WAXING*Warm Tea Tree Cream for Legs & Arms Waxing*

Full Leg	€30
¾ Leg	€25
½ Leg	€18
Thigh	€18
Bikini Line	€15
Californian	€20
Brazilian	€35
Hollywood	€40
Underarm	€10
Forearm	€18

MEN'S WAXING

Full Back & Side of Arms	€40
Chest or Arms	€40

EYE TREATMENTS*Patch Test Required 48 hours Prior To Tint Treatment*

Eyebrow Tint	€5
Eyelash Tint	€13
Eyebrow Sculpture & Eyebrow Tint	€13
Eyebrow Sculpture & Eyelash Tint	€22
3 Eye's: Eyebrow Sculpture, Eyelash Tint & Eyebrow Tint	€25

HD BROWS*7-step Tailored Eyebrow Shaping Treatment*

HD Brows	€35
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NAIL TREATMENTS*Nail Treatments for Hands or Feet*

File & Colour or French Polish	€15
Mini Manicure <i>File, buff, cuticle work & polish</i>	€25
Luxury Manicure <i>Soak, file, exfoliation, cuticle work, reviving massage & nail treatment with colour or French polish</i>	€40
Deluxe Pedicure <i>Blissful soak, file, deep exfoliation, dead skin removal cuticle work, foot & leg massage & nail treatment with colour or French polish (For Gelish Polish + €12)</i>	€45

GELISH 3 WEEK MANICURE*Gelish 3 Week Manicure, High Gloss Non Chip Polish. Includes Application & Free Removal (Please Note: we only remove Core Sets of Gelish)*

Colour Gelish	€25	French Gelish	€30
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TANNING*Each Airbrush Tan is customized for you from "twinkle glow tan" to "full contour bronze" tan . (Patch Test Required for St. Tropez Tan)*

White to Brown / He Shi / St. Tropez / Bellamianta	
Full Body Airbrush Tan	€30
Half Body Airbrush Tan	€20

MAKE UP*Professional Jane Iredale Mineral Make Up & M.A.C. Make Up*

Make Up Application	€37
+Half Set False Eyelash Application	€8
+Full Set False Eyelash Application (Choice of Strip/Cluster/Individual Lashes)	€12
Customized Individual Eyelashes (lasts up to 5 days)	
Full Set	€25
Bridal Trial/Bridal Make Up (including Lashes)	€60

Tel: (021) 463 2344

corehealthandbeauty@gmail.com

www.corehealthandbeauty.com

Facebook: Core Health & Beauty

Please note 24 hours notice for cancellation is required.*Lost Gift Vouchers cannot be validated. Gift Vouchers must be presented at time of treatment.**Please inform your therapist if you are pregnant, on medication or suffering for any illness or allergies.*

BODY MASSAGE TREATMENTS

Swedish / Deep Tissue/ Eastern Head Massage

Back Neck & Shoulder Massage 45 mins /1 Hour €45/€55

Hot towel pressure point aromas, melt away tension for maximum relaxation each massage is designed to ease muscular pains every day stresses and to quiet the mind. Through lymphatic drainage pressure point deep tissue vigorous massage for ultimate relaxation for mind and body balance.

Winter Warmer 45 mins €45

Deep Tissue Hot Oil Pressure Point Massage On; Back, Neck, Shoulders, Décolletage, Head, Arms & Hands

Facial On The Back 1 hour €50

Designed for both male & female. This is a deep cleanse, steam & extraction. With lime & ginger exfoliation deep tissue massage, clay mask & hydrating balm, this treatment will leave the skin silky soft, relaxed & lighted fragranced.

IPULSE LASER TREATMENTS

iPulse is a new type of skincare rejuvenation technology which uses intense pulse of light to treat; Ageing & tired skin, open pores, fine lines & wrinkles, thread veins, rosacea, pigmentation, acne & coarse skin texture. iPulse treatments can minimize, remove & improve all the above skin conditions & deliver stunning & long lasting results.

A patch test is required 24 hours prior to all iPulse Laser Treatments or during your initial iPulse Consultation

Skin Rejuvenation Facial / Acne Treatment Facial / Vascular or Pigmentation Facial

1 Hour 30 mins €125 or Course of 3 for €300

Mini Laser Facial Treatments 45 mins €65

Laser Shot Touch Up Treatment – consult with Therapist.

Laser Hair Reduction - Please see our separate price list

Please note all Laser Treatments must be booked 6 weeks in advance to avoid disappointment as it is one of our most popular treatments.

CORE RELAXING CANDLES

Our beautiful Core Candles are a perfect gift for anyone! Our candles are made with a bespoke blend of relaxing True Essential Oils and are 100% Organic Plant Wax, 0% Petro Chemicals, 0% Sulphates & are Non-Carcinogenic. They are handpoured into recycled packaging & glass and the cotton wicks have no lead. Our large candle has 100 hours burn time.

Medium Candle €16.50
Large Candle €19.90

FACIAL TREATMENTS

Decleor Facials

Core Express Facial 45 mins €45

A mini version of the classical Decleor facial, ideal when time is of the essence & skin needs a boost of radiance. Customized to suit your skin type. Maximum results in minimum time.

Aromamassage 1 hour €55

This facial like all of Decleor's Facials begins with a welcome back massage, then continues your relaxing treatment with facial, head & arm massage which will leave you feeling totally invigorated

Aroma Lisse 1 hour 30 mins €80

Aroma Lisse is the aroma skin care treatment 'the first step to enjoy before all other face care. Your skin is soft, velvety & visibly radiant after the first treatment. Adapted to each skin type.

We also offer all Decleor Expert Facials, please consult with one of our Therapists for more information on these expert facials.

Aroma Expert 1 hour 30 mins €80

Harmonie Extreme 1 hour 30 mins €80

Or Excellence 1 hour 30 mins €90

Le Soin/For Him 1 hour 15 mins €65

Dermalogica Facials

Prescriptive Facial 1 hour 30 mins €70

Our Dermalogica facials include specialized face mapping & aim to achieve the highest skincare results. This totally luxurious facial is customized to suit your skin type & concerns. It includes deep cleansing, exfoliation & masque. Aromatherapy pressure point massage on face neck & shoulders.

Ultra-Calming 1 hour 30 mins €75

Red, itching, burning skin? Don't conceal it- control it! Serious relief that calms soothes & replenishes the most aggravated irritated & inflamed skin. This treatment will help recover skin health.

Acne Facial 1 hour 30 mins €75

This is the end of the line for adult acne! Medibac range of products use purifying clay based cleansers & masques & salicylic acid based specialties to really clear up oily congested skin. This facial is a deep cleansing, pore refining facial formulated to specifically treat adult acne, while addressing the needs of adult skin.

Age Smart Anti- Ageing Facial 1 hour 30 mins €80

Are the signs of ageing on your skin becoming a concern? Age smart range is used to plump, brighten & hydrate dull & tired skin so that the skin is firmer, smoother & healthier. Facial includes eyezone treatment for extra attention to the delicate eye area. This facial is officially a super facial & a top anti-ageing treatment.

Microdermabrasion Facial 1 hour 30 mins €75

A mechanical peeling process to improve the skins regenerative capabilities & to control the skin, i.e. acne, scar tissue, pigmentation, etc. Microdermabrasion normalizes the stratum corneum layer, increases the number of living cells & restructures the base membrane.

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11th July 2017