

CORE HEALTH & BEAUTY - WEDDINGS 2018



Having the right dress & the right hair style are just part of the equation. Having the right makeup application is also critical on your wedding day. The right shades, finishes & techniques are what go together to create a superb wedding-day look. From sparkingly glamorous to golden & natural, if you're a bride-to-be this year, we invite you to be inspired. You will be photographed more on this day than any other day in your life. Your photographs will be viewed & treasured for many years & generations of your family.

You'll be the center of attention--Guaranteed! You probably know the most popular saying heard at a wedding is, Congratulations! But, running a close second is "You Look So Beautiful!". We want you to glow on your wedding day & we will help you every step of the way!

Some common Q&A:

Questions:	Answer:
When should I start having regular facials?	6 months minimum is recommended. We offer a wide range of facials: Decleor, Dermalogica, iPulse Laser Facials & Microdermabrasion Facials – your therapist will advise which facial would be best suited for your skin type/concerns.
I have acne/problem skin, what can I do?	Microdermabrasion or iPulse Laser Facials & Advanced Nutrition Programme Supplements
I need to get facial /body hair removed?	Waxing/Threading or iPulse Hair Reduction Treatments
I think my eyebrows need reshaping?	Eyebrows are very important, they shape your face, Eyebrow Sculpture (waxing or threading) Eyelash & Eyebrow Tinting make a high difference. Or you may need to start a regrowth programme with our HD Brows treatment.
My skin is dull & flaky or dry & Itchy	A Full Body Exfoliation Polish & Massage prepares your skin beautifully for tanning
What tanning advice can you give me?	If you do not exfoliate your skin, any dry/flaky skin will make the tan appear patchy. In the days leading up to your appointment, exfoliate in circular motions all over your body & moisturise to get rid of dead skin cells & to make your skin soft and smooth. Have all hair removal done at least 24 hours before your tanning appointment. On the day of your tanning appointment, have a shower, but Do NOT apply any moisturiser/oils/lotions/ perfumes or deodorant. Bring loose comfortable clothes (no bra) & flip flops to wear after getting your tan applied - your therapist will advise you on aftercare instructions. We would advise that you have a trial tan done before the wedding as we offer Light/Medium & Dark in 3 different top selling brands, so 9 shades to choose from! From a twinkle glow tan to a full contour bronze tan. When your make up artist applies both your wedding make up & your wedding tan, it results in an expertly applied gorgeous glow which is considerate and mindful to your overall wedding day look.
My nails are brittle?	Advanced Nutrition Programme Supplements Shellac/Gelish nails
When should I get my waxing, tan & nails done?	3 Days Before Wedding : All Body & Facial Waxing/Threading/Tinting 2 Days Before Wedding: Full Body Airbrush Tan Day Before Wedding; Nails – Shellac/Gelish/Manicure/Pedicure/File & Polish on Toes
Help! I'm stressed before my wedding!	A Deep Tissue Hot Oil Massage-- relieves tension where you need it most.
Do I need to do anything for the trial?	When making your appointment for a trial, please specifically ask to be booked with the Therapist who will be doing your wedding make up and let them know that it is for a 'Bridal Trial' so that enough time will be marked out to answer any questions you may have about your make up/skin etc. The trial make up is charged at current wedding brochure price and it also helps if you wear something white on the day. If you are wearing your hair up/down on the wedding day then try have it up/down on the day of the trial, nothing fancy so don't worry! If you are tanning on the wedding day then try to have some tan on at the trial. (If requesting Regina, please book your trial early, as during peak months she has a waiting list of 6 -12 weeks)

PRE-BRIDAL PACKAGES

Bridal Bliss – Half Day (3 hours)

Body Glow Polish, Mini Facial, Mini Manicure, Mini Pedicure €120

Your blissful day at Core Health & Beauty will start with a full body exfoliation using natural sea salts. Our luxurious Decléor body balms are then massaged into the body leaving you feeling completely invigorated. Your journey continues with a mini facial which includes a deeply hydrating mask which will brighten & plump the skin for your big day. Not forgetting how important the nails are leading up to your wedding, you will receive a mini manicure & mini pedicure which a polish of your choice to brighten the fingers & toes. This special offer is designed to get your skin glowing in the lead up to your big day, ideally done 2-3 weeks prior to your wedding (this package is offered as a whole treatment and cannot be split up)

Perfectly Groomed (2 Hours)

Men's Facial & Mini Manicure (2 Hrs.) €80

The grooms are as equally important to us here at Core Health & Beauty. Treat yourself to a luxurious deep cleansing facial which is great for any dullness in the skin as well as any blocked pores. A mini manicure will freshen up the hands & nails for the big day.

BRIDAL PRICE LIST 2018

Bridal Make Up Trial

€60

(Tans/Nails trials are charged at salon prices at time of treatment.)

Wedding Day

Bride:

Make Up Application with lashes of your choice (cluster/individual) €60

Bridesmaids/Mother of Bride/Guests:

Make Up Application €37

Half Set False Eyelash Application €8

Full Set False Eyelash Application €12

(Choice of Strip/Cluster/Individual Lashes)

Call Out Fee To House/Hotel

€150 for Midleton/East Cork Area only

Our call out fee is based on 1 make up artist doing all the make ups and a minimum of 4 make ups is required for any call out booking.

If there are more than 6 make ups you will require an additional make up artist and will incur an additional call out fee.*

If your wedding is starting early or if you prefer to be finished in a shorter period of time, 2 make up artists may be required*

(*please check availability for 2 make up artists when booking.)

Booking Terms & Conditions

Please note we confirm all wedding bookings via email, If you would like us to check availability for your date, please email

corehealthandbeauty@gmail.com advising your wedding date, name, contact number, how many make ups you require & the location (salon or housecall). We will reply as soon as possible confirming availability. Due to the volume of enquiries please note the below strict booking terms:

IMPORTANT:

No Wedding booking is confirmed until a non-refundable deposit of €100 is paid to secure the date.

Payment can be made in the salon or over the phone via credit card.

All Wedding Bookings are confirmed via Email upon receipt of deposit.

No date is held unless agreed via email and can only be held for 2 weeks, the date will automatically be released if not secured with a deposit.

If you have any questions, please do not hesitate to contact us!

Thank you.

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