

FACIAL WAXING & TINTING

Specialized Hot Wax for Facial Waxing.

Patch Test Required 48 hours Prior To Tint Treatment

Lip	€5
Chin	€5
Sides of Face	€10
Eyebrow Sculpture	€10
Eyebrow Tint	€5
Eyelash Tint	€13
Eyebrow Sculpture & Eyebrow Tint	€13
Eyebrow Sculpture & Eyelash Tint	€22
3 Eye's: Eyebrow Sculpture, Eyelash Tint & Eyebrow Tint	€25

FACIAL THREADING

Specialized Threading Using Pure Cotton Thread

Lip	€8
Chin	€8
Sides of Face	€14
Eyebrow Sculpture	€12
Full Face Threading (Eyebrow Sculpture, lip , chin , sides of face with eyelash & eyebrow tint) (60 mins)	€45
Full Face Threading (without eyelash tint)	€35

HD BROWS

7-step Tailored Eyebrow Shaping Treatment

HD Brows	€35
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BODY WAXING

Warm Tea Tree Cream for Legs & Arms Waxing

Full Leg	€30
¾ Leg	€25
½ Leg	€20
Thigh	€20
Bikini Line	€15
Californian	€20
Brazilian	€35
Hollywood	€40
Underarm	€10
Forearm	€20

MEN'S WAXING

Full Back & Side of Arms	€48
Chest & Sides of Arms	€48

NAIL TREATMENTS

Nail Treatments for Hands or Feet

File & Colour or French Polish	€15
Mini Manicure <i>File, buff, cuticle work, colour or French polish</i>	€25
Luxury Manicure <i>Soak, file, exfoliation, cuticle work, reviving massage & nail treatment with colour or French polish</i>	€40
Deluxe Pedicure <i>Blissful soak, file, deep exfoliation, dead skin removal cuticle work, foot & leg massage & nail treatment with colour or French polish</i>	€45

Gelish Polish added to any manicure/pedicure +€18

 **3 WEEK MANICURE**
*Gelish 3 Week Manicure, High Gloss Non Chip Polish.
Application & Free Removal
(Please Note: we only remove Core Sets of Gelish)*

Colour Gelish	€29
French Gelish	€35

TANNING

Each Airbrush Tan is customized for you from "twinkle glow tan" to "full contour bronze" tan . (Patch Test Required for St. Tropez Tan)
White to Brown / He Shi / St. Tropez / Bellamianta

Full Body Airbrush Tan	€30
Half Body Airbrush Tan	€20

 **MAKE UP**

Make Up Application +Half Set/Full Set False Eyelash Application <i>(Choice of Strip/Cluster/Individual Lashes)</i>	€37 €8/€10
Bridal Trial/Bridal Make Up <i>(including Lashes)</i>	€60
Eye Make Up Only	€25
Customized Individual Party Eyelashes <i>Full Set Last Up to 5 Days (Patch Test Required)</i>	€25



DECLÉOR AWARDED

"SALON OF EXCELLENCE WINNER"

021 463 2344

ADVANCED
NUTRITION
PROGRAMME™

 **SOAK-OFF
GEL POLISH**

DECLÉOR
PARIS
SKIN · BODY · MIND

 **iPulse**

 **IMAGE
SKINCARE**
Age later.

dermalogica
professional-grade skin care by The International Dermal Institute

 **jane iredale**
THE SKINCARE MAKEUP®

GIFT VOUCHERS & GIFT SETS AVAILABLE

TUESDAY & WEDNESDAY: 9.30AM - 7.00PM
THURSDAY & FRIDAY: 9.30AM - 8.30PM
SATURDAY: 9.00AM - 4.30PM

CORE HEALTH & BEAUTY,
COACH HORSE LANE, THE SQUARE, MIDLETON

email: corehealthandbeauty@gmail.com
www.corehealthandbeauty.com

Let's get
Social

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 Core Health & Beauty

BODY MASSAGE TREATMENTS

Swedish / Deep Tissue/ Eastern Head Massage		
Back, Neck & Shoulder Massage	45 mins	€45
	60 mins	€55

Hot towel, pressure point massage and warmed aroma oils melt away tension for maximum relaxation. Each massage is designed to ease muscular pains caused by every day stresses and to quiet the mind, a thorough lymphatic drainage, pressure point, deep tissue massage for ultimate relaxation for mind and body balance.

Winter Warmer	45 mins	€45
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Deep Tissue Hot Oil Pressure Point Massage On; Back, Neck, Shoulders, Décolletage, Head, Arms & Hands

Facial On The Back	60 mins	€50
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Designed for both male & female. This is a deep cleanse, steam & extraction. With lime & ginger exfoliation deep tissue massage, clay mask & hydrating balm, this treatment will leave the skin silky soft, relaxed & lighted fragranced.

iPulse LASER TREATMENTS

iPulse is a new type of skincare rejuvenation technology which uses intense pulse of light to treat; Ageing & tired skin, open pores, fine lines & wrinkles, thread veins, rosacea, pigmentation, acne & coarse skin texture. iPulse treatments can minimize, remove & improve all the above skin conditions & deliver stunning & long lasting results.

(A patch test is required 24 hours prior to all iPulse Laser Treatments or during your initial iPulse Consultation.)

Skin Rejuvenation Facial / Acne Treatment Facial / Vascular or Pigmentation Facial	90 mins	€125
	Course of 3	€300

Mini Laser Facial Treatments	45 mins	€65
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Please note all Laser Treatments must be booked 6 weeks in advance to avoid disappointment as it is one of our most popular treatments.

MICRODERMABRASION FACIAL

Microdermabrasion Facial	90 mins	€75
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A mechanical peeling process to improve the skins regenerative capabilities & to control the skin, i.e. acne, scar tissue, pigmentation, etc. Microdermabrasion normalizes the stratum corneum layer, increases the number of living cells & restructures the base membrane.

DECLÉOR FACIALS

Core Express Facial	45 mins	€45
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A mini version of the classical Decleor facial, ideal when time is of the essence & skin needs a boost of radiance. Customized to suit your skin type. Maximum results in minimum time.

Aromamassage	60 mins	€55
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This facial like all of Decleor's Facials begins with a welcome back massage, then continues your relaxing treatment with facial, head & arm massage which will leave you feeling totally invigorated.

Aroma Lisse	90 mins	€80
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Aroma Lisse is the aroma skin care treatment 'the first step to enjoy before all other face care. Your skin is soft, velvety & visibly radiant after the first treatment. Adapted to each skin type.

We also offer all Decleor Expert Facials, please consult with one of our Therapists for more information on these expert facials.

Aroma Expert	90 mins	€80
Harmonie Extreme	90 mins	€80
Or Excellence	90 mins	€90
Le Soin/For Him	75 mins	€65

dermalogica FACIALS

Prescriptive Facial	90 mins	€70
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Our Dermalogica facials include specialized face mapping & aim to achieve the highest skincare results.

This totally luxurious facial is customized to suit your skin type & concerns. It includes deep cleansing, exfoliation & masque. Aromatherapy pressure point massage on face, neck & shoulders.

Age Smart Anti- Ageing Facial	90 mins	€80
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Are the signs of ageing on your skin becoming a concern? Age smart range is used to plump, brighten & hydrate dull & tired skin so that the skin is firmer, smoother & healthier. Facial includes eyezone treatment for extra attention to the delicate eye area. This facial is officially a super facial & a top anti-ageing treatment.

Ultra-Calming	90 mins	€75
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Red, itching, burning skin? Don't conceal it, control it! Serious relief that calms, soothes and replenishes the most aggravated irritated & inflamed skin. This treatment will help recover skin health.

IMAGE FACIALS

Antioxidant Anti – Ageing Facial	75mins	€85
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The facial that does it all, suitable for all skin types- even the most experienced 'facial enthusiast' will be impressed! This cleansing and invigorating Vitamin Infused treatment will deliver tightening, lightening, brightening and nourishing hydration to leave you feeling fully refreshed and renewed.

Ormedic Lift	60 mins	€85
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The underdog that promises unmissable results. Dubbed nutrition in a bottle this treatment recharges the youthfulness factor within the skin and increases internal hydration. A papaya, pineapple pumpkin and mango infused blend of organic and medically effective ingredients designed to rebalance tired stressed and dull looking skin, this non chemical peel natural rebalances, regenerates restores and soothes your skin with organic ingredients, it is literally a green cocktail for sheer skin health. A course is always recommended for optimum results.

Signature Facelift I-PEEL	45 mins	€90
	Course of 3	€255

Anti Redness, anti-inflammatory, anti pigment, collagen creating, rosacea suited, all around award winning peel. This revolutionary treatment performed in four layers will change the texture and tone of your skin in just one application. Quench your skin with high doses of the most sophisticated forms of Vitamin C for extreme rejuvenation. Gentle yet highly active enzymes will create a flawless complexion instantly. Dubbed the 'VIP Peel' this is our core and best selling peel as it delivers the results. A course is always recommended for optimum results. (2 week prep required).

CORE RELAXING CANDLES

Our beautiful Core Candles are a perfect gift for anyone! Our candles are made with a bespoke blend of relaxing True Essential Oils and are 100% Organic Plant Wax, 0% Petro Chemicals, 0% Sulphates & are Non-Carcinogenic. They are handpoured into recycled packaging & glass and the cotton wicks have no lead. Our large candle has 100 hours burn time. Large Candle €19.90

Please note 24 hours notice for cancellation is required.

Please inform your therapist if you are pregnant, on medication or suffering from any illness or allergies.

Gift Vouchers must be presented at time of treatment

Lost Gift Vouchers cannot be validated.