

LYCON FACIAL WAXING & TINTING

Lycon Active Gold Strip Wax, Lycojet Hot Wax, Lycon Vanilla Hot Wax.

Patch Test Required 48 hours Prior To Tint Treatment

Lip	€6
Chin	€6
Sides of Face	€10
Eyebrow Sculpture	€10
Eyebrow Tint	€7
Eyelash Tint	€15
Eyebrow Sculpture & Eyebrow Tint	€15
Eyebrow Sculpture & Eyelash Tint	€22
3 Eye's: Eyebrow Sculpture, Eyelash Tint & Eyebrow Tint	€25
HD Brows	€35

FACIAL THREADING

Specialized Threading Using Pure Cotton Thread

Lip	€8
Chin	€8
Sides of Face	€14
Eyebrow Sculpture	€12
Full Face Threading (Eyebrow Sculpture, lip, chin, sides of face with eyelash & eyebrow tint) (60 mins)	€48
Full Face Threading (without eyelash tint)	€35



Lifts, curls and tints your natural lash	€50
Complimentary Eyebrow Shape & Tint	

LYCON BODY WAXING

Lycon Active Gold Strip Wax, Lycojet Hot Wax, Lycon Vanilla Hot Wax.

Full Leg	€30
¾ Leg	€25
½ Leg	€20
Thigh	€22
Bikini Line	€15
Californian	€20
Brazilian	€37
Hollywood	€42
Underarm	€12
Forearm	€20

MEN'S WAXING

Full Back & Side of Arms	€48
Chest & Sides of Arms	€48

NAIL TREATMENTS

Nail Treatments for Hands or Feet

File and Colour Polish	€15
File and French Polish	€20
Mini Manicure <i>File, buff, cuticle work, colour or French polish</i>	€25
Luxury Manicure <i>Soak, file, exfoliation, cuticle work, reviving massage & nail treatment with colour or French polish</i>	€40
Deluxe Pedicure <i>Blissful soak, file, deep exfoliation, dead skin removal cuticle work, foot & leg massage & nail treatment with colour or French polish</i>	€50

Gelish Polish added to any manicure/pedicure +€18



Gelish 3 Week Manicure, High Gloss Non Chip Polish. Application & Free Removal
(Please Note: we only remove Core Sets of Gelish)

Colour Gelish	€32
French Gelish	€35

TANNING

Each Airbrush Tan is customized for you from "twinkle glow tan" to "full contour bronze" tan. (Patch Test Required for St. Tropez Tan)
White to Brown / He Shi / St. Tropez / Bellamianta

Full Body Airbrush Tan	€30
Half Body Airbrush Tan	€20
Tanning Thursday - Full Body Tan	€22



Mini Natural Make Up	30 mins	€29
Make up Application	45 mins	€40
Make up Application with Lashes	1 Hour	€46
<i>(Choice of Strip/Cluster/Individual Lashes)</i>		
Bridal Trial with Lashes	1hr 30mins	€60
Customized Individual Party Eyelashes	30mins	€25
<i>Full Set Last Up to 5 Days (Patch Test Required)</i>		



DECLÉOR AWARDED
"SALON OF EXCELLENCE WINNER"

021 463 2344

ADVANCED NUTRITION PROGRAMME™



DECLÉOR PARIS ESSENTIAL OILS SKINCARE



GIFT VOUCHERS & GIFT SETS AVAILABLE

TUESDAY:	9.00AM - 6.00PM
WEDNESDAY	9.00AM - 7.00PM
THURSDAY & FRIDAY:	9.30AM - 8.30PM
SATURDAY:	9.00AM - 4.30PM

CORE HEALTH & BEAUTY,
COACH HORSE LANE, THE SQUARE, MIDLETON

corehealthandbeauty@gmail.com
www.corehealthandbeauty.com



BODY MASSAGE TREATMENTS

Swedish / Deep Tissue/ Eastern Head Massage		
Back, Neck & Shoulder Massage	45 mins	€45
	60 mins	€55

Hot towel, pressure point massage and warmed aroma oils melt away tension for maximum relaxation. Each massage is designed to ease muscular pains caused by every day stresses and to quiet the mind, a thorough lymphatic drainage, pressure point, deep tissue massage for ultimate relaxation for mind and body balance.

CORE Winter Warmer	45 mins	€45
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Deep Tissue Hot Oil Pressure Point Massage On; Back, Neck, Shoulders, Décolletage, Head, Arms & Hands

iPulse LASER TREATMENTS

iPulse is a new type of skincare rejuvenation technology which uses intense pulse of light to treat; Ageing & tired skin, open pores, fine lines & wrinkles, thread veins, rosacea, pigmentation, acne & coarse skin texture. iPulse treatments can minimize, remove & improve all the above skin conditions & deliver stunning & long lasting results.

(A patch test is required 24 hours prior to all iPulse Laser Treatments or during your initial iPulse Consultation.)

Skin Rejuvenation Facial / Acne Treatment Facial / Vascular or Pigmentation Facial	90 mins	€125
	Course of 3	€300

Mini Laser Facial Treatments	45 mins	€65
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Please note all Laser Treatments must be booked 6 weeks in advance to avoid disappointment as it is one of our most popular treatments.

CORE HEALTH & BEAUTY RELAXING CANDLES

Our beautiful Core Candles are a perfect gift for anyone! Our candles are made with a bespoke blend of relaxing True Essential Oils and are 100% Organic Plant Wax, 0% Petro Chemicals, 0% Sulphates & are Non-Carcinogenic. They are handpoured into recycled packaging & glass and the cotton wicks have no lead. Our large candle has 100 hours burn time.

Large Candle €23

DECLÉOR PARIS FACIALS

Core Express Facial	45 mins	€45
<i>A mini version of the classical Decléor facial, ideal when time is of the essence & skin needs a boost of radiance. Customized to suit your skin type. Maximum results in minimum time.</i>		

Aromamassage	60 mins	€55
<i>This facial like all of Decléor's Facials begins with a welcome back massage, then continues your relaxing treatment with a customised facial, head & arm massage which will leave you feeling totally invigorated.</i>		

Harmonie Calm	90 mins	€80
<i>This intensely soothing treatment instantly relieves sensitive & irritated complexions acting like a calming comfort blanket. Skin becomes clear, soothed and more resilient to environmental aggressions.</i>		
<i>Skin Type Indications: All types of sensitivity, due to stress, poor diet, illness, medication or simply general fatigue.</i>		

Or Excellence Facial Pilates	90 mins	€90
BEST SELLER		
<i>A luxury anti ageing facial, deep cleansing, customised exfoliation, deep tissue facial pilates using the finest aromessence serums, balms and youth concentrate mask to revitalise, hydrate and lift the skin.</i>		

IMAGE SKINCARE Age later: FACIALS

CORE Mini Power Image Facial	45 mins	€55
BEST SELLER		
<i>A customised, powerful, results driven mini Image facial to target your skin concerns.</i>		

I PEEL ORMEDIC LIFT™	45 mins	€75
<i>Organic ingredients with medical effectiveness work to rebalance, regenerate and restore skin while comfrey stem cells boost cellular turnover.</i>		
<i>Skin type indications: Unbalanced, irritated, sensitive.</i>		

Antioxidant Anti-Ageing IMAGE Facial	90mins	€80
<i>The facial that does it all, suitable for all skin types- even the most experienced 'facial enthusiast' will be impressed! This cleansing and invigorating Vitamin Infused treatment will deliver tightening, lightening, brightening and nourishing hydration to leave you feeling fully refreshed and renewed.</i>		

IMAGE SKINCARE Age later: I-PEEL TREATMENTS

All I PEEL Treatments	45 mins	€85
	Course of 3	€199

I PEEL | SIGNATURE FACELIFT®

BEST SELLER

Vitamin C and fruit enzymes blended in an organic aloe vera base visibly reduce redness and brighten the skin while hyaluronic acid provides superior hydration.
Skin type indications: Redness-prone, dry/dehydrated, smokers' skin, tired/dull, post-microdermabrasion, oily/acne.

I PEEL | LIGHTENING LIFT®

Lactic acid blended with kojic acid and a cocktail of brightening agents to reduce all forms of pigmentation.
Skin type indications; Pigmentation, ageing, dry/dehydrated, uneven skin tone, age spots, redness-prone.

I PEEL | WRINKLE LIFT®

Ultra-resurfacing blend of glycolic acid combined with retinol to visibly reduce the appearance of fine lines and wrinkles.
Skin type indications: Ageing, wrinkles, rough complexion, uneven skin tone, smokers' skin, tired/dull skin, oily/acne.

I PEEL | ACNE LIFT®

Blend of AHA's and BHA's with protective agents to effectively treat all grades of acne.
Skin type indications: Acne, oily, acne-prone ageing

I PEEL | LIGHTENING LIFT® **FORTE**

This results driven treatment combines the most innovative and effective botanical brighteners with echinacea plant derived stem cells and anti-ageing peptides for youthful, illuminated skin.
Skin type indications: Advanced pigmentation, ageing, dry/dehydrated, uneven skin tone, age spots, redness-prone.

I PEEL | WRINKLE LIFT® **FORTE**

This advanced treatment is formulated with additional glycolic acid and an innovative blend of firming and anti-ageing properties, to visibly reduce the appearance of fine lines and wrinkles.
Skin type indications: Advanced ageing, wrinkles, rough complexion, uneven skin tone, smokers' skin, tired/dull, oily/acne.

Please note 24 hours notice for cancellation is required.

Please inform your therapist if you are pregnant, on medication or suffering from any illness or allergies.
Gift Vouchers must be presented at time of treatment
Lost Gift Vouchers cannot be replaced.